As they apply their skills

Manipulative

Move into Space to Receive an Object

This is a decision-making skill relating to when and where and how to move into space to receive an object successfully. Tracking is monitoring the environment picking up cues to inform action.







1. Watch/track the play or object
2. Decide what is going to be your cue to move
3. Be alert and in the 'Ready position to react as soon as the cue occurs
4. On cue move as quickly as you can into space, but tracking all the time
5. If unsuccessful, reposition to react again as appropriate

If you see...

Observation	Likely cause	Solution
Child moving too early	Anticipating, over anxious	Encourage them to identify what they are waiting to see or hear
Child reacts too slowly	Not in the 'Ready Position', not aware of the relevant cues	Encourage the ready position practise reacting to different cues
Child is unstable	Not maintaining strong core stability	Emphasise strong body position, 'Trap the Mouse'

Opportunity to develop:

Coordination – Agility – Balance – Motor Skills – Concentration – Accuracy

Safety!

Ensure...

the area is free from objects

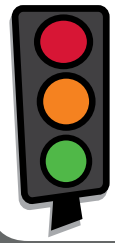
the surface is not slippery

As they apply their skills Manipulative

Move into Space to Receive an Object

Can you see...?

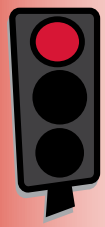
- the child tracking the environment? ☐
- the child being aware/alert? ☐
- the child in the 'Ready Position'? ☐
- the child react quickly as cues are observed? ☐
- the child move at the 'right' time? ☐
- the child move into space effectively? ☐
- the child receive the object successfully? ☐



mostly x's

✓ and x

mostly ✓'s



- Walk through using very obvious cues, encourage child to move towards the object
- Encourage the child to verbalise when they notice the cues



- 'Simon says' cues can only move on a particular cue
- Moving around in space, responding to cues, perform a certain action or move into space, etc.



- In pairs one stationary 'feeder', one attacker, on a specific cue attacker move into space to receive an object from the 'feeder'
- In three two stationary feeders, one attacker, on cue attacker move into 'right' space to receive the object



- Use 'Pivot' at a marker to create space to move into
- Add in a defender, passive then active, trying to stop attacker receiving the object
- Make sure move to left hand side and right hand side
- Combine 'Dodging', 'Pivoting' and 'Fast Feet' to move into space to receive an object in response to a range of cues, moving using different directions, pathways and speeds

© Copyright (Sports Council for Wales) 2012. All rights reserved.

sportwales chwaraeoncymru
Noddir gan Lywodraeth Cymru Sponsored by Welsh Government
LOTTERY FUNDED ARIENNIR GAN Y LOTERI
chwarae • dysgu • tyfu play • learn • grow
Her Iechyd Cymru Health Challenge Wales